RehabTrack App User Manual

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Welcome to the RehabTrack User Manual. This guide will help you understand and navigate the RehabTrack mobile application. Please follow the instructions below to make the most of this app.

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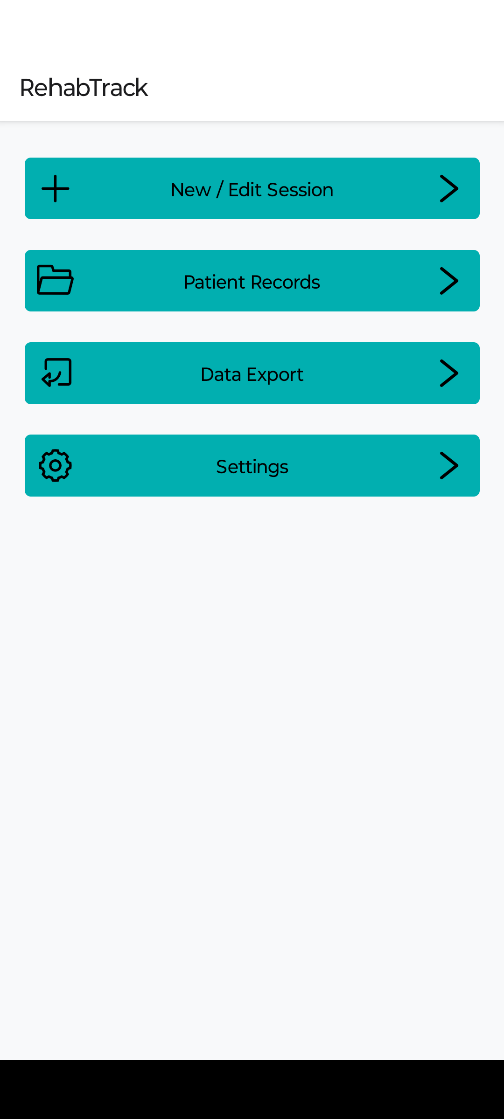
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## Home Screen

The Home Screen is the starting point for your RehabTrack application journey. Here you will find essential buttons and information. Navigate to the New Session Screen, Patient Records Screen, Data Export Screen, or the Settings Screen from this page.

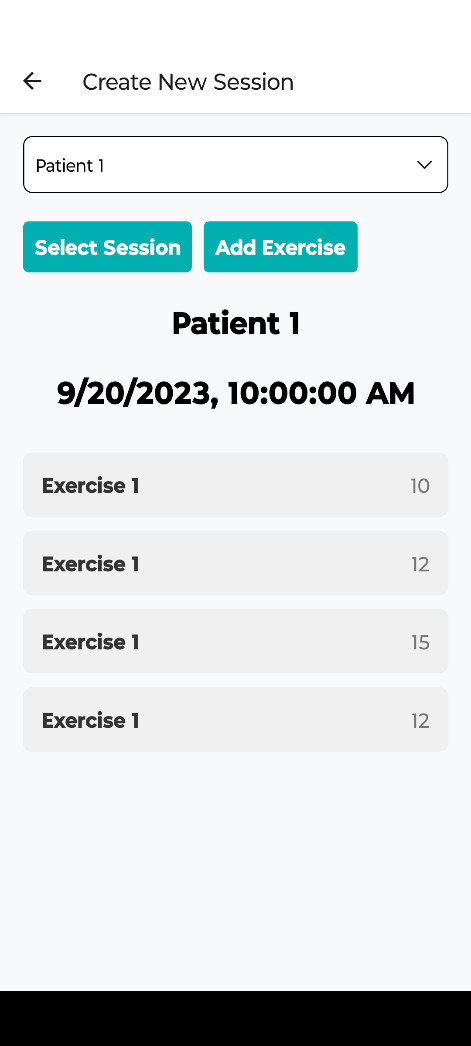
* **Return Home Button:** Use this button to return to the Home Screen from any other page within the app.

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## New Session Screen

The New Session button allows you to create a new session by adding and assigning exercises to patients and saving the results. Follow these steps:

1. Add patients.
2. Assign exercise routines.
3. Manually record exercise repetitions.
4. Save the results.



## Repetitions Screen

The Repetitions Screen displays the number of exercise repetitions performed in a specific session. Here, you can add or remove reps, save session data, or discard session data.

* **Add Reps:** Increase the number of exercise repetitions.
* **Remove Reps:** Decrease the number of exercise repetitions.
* **Save:** Save session data to a .csv file.
* **Discard:** Return to the New Session Screen.

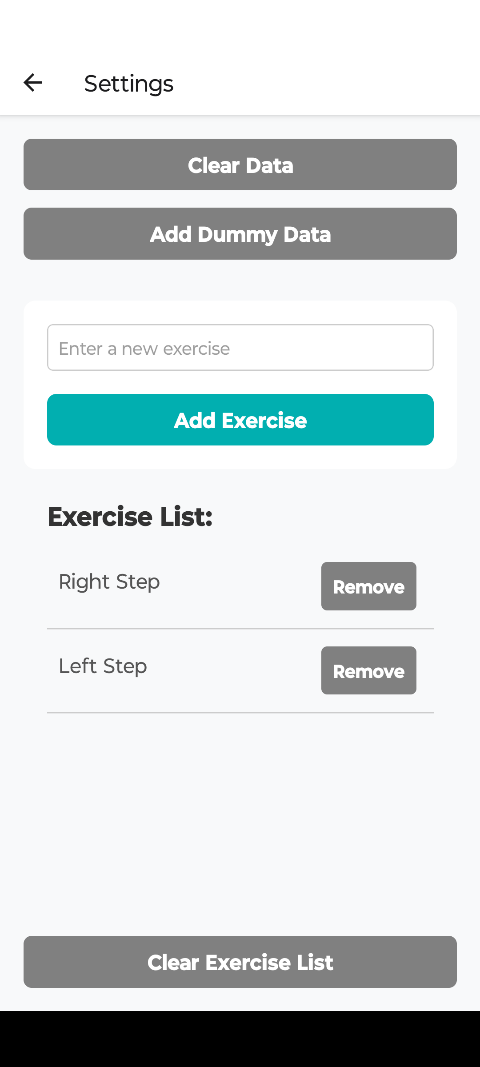
A screenshot of a calculator

Description automatically generated

## Settings Screen

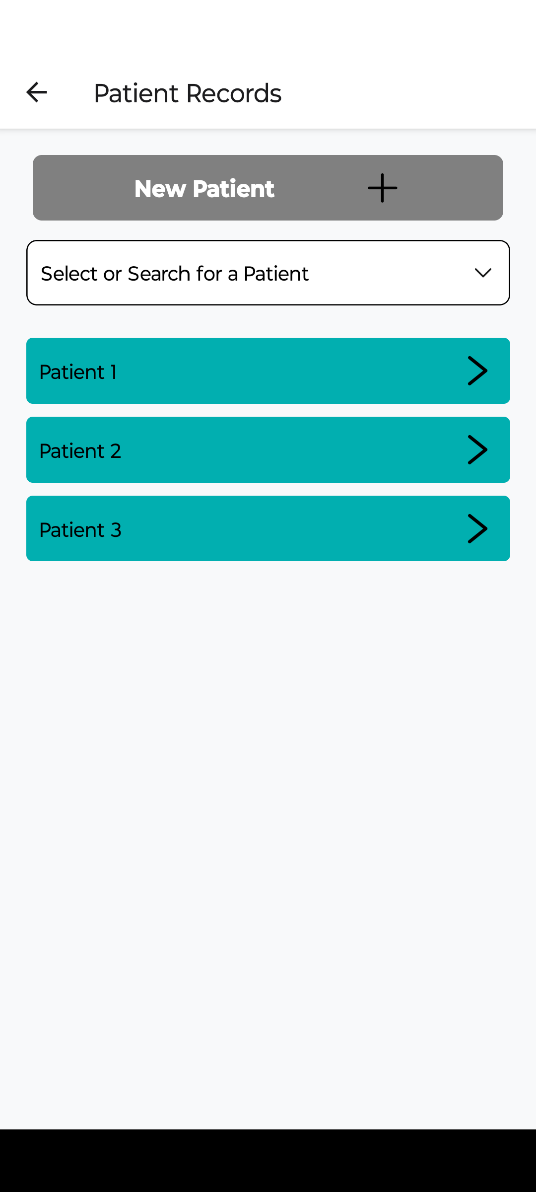
The Settings Screen offers options for managing app data. Please note that some options are primarily intended for developers and testing purposes.

* **Clear Data:** Use this button to clear any existing data (use with caution).
* **Dummy Data:** This option allows developers to test app functionality (use with caution).



## Patient Records Screen

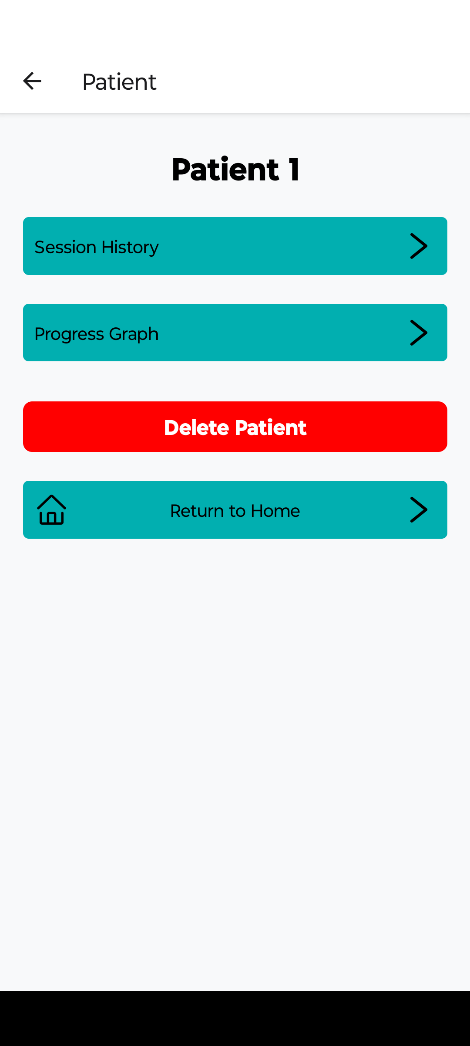
The Patient Records Screen displays a list of patient records. You can add new patients using the "New Patient" button or search for existing patients.



## Patient Screen

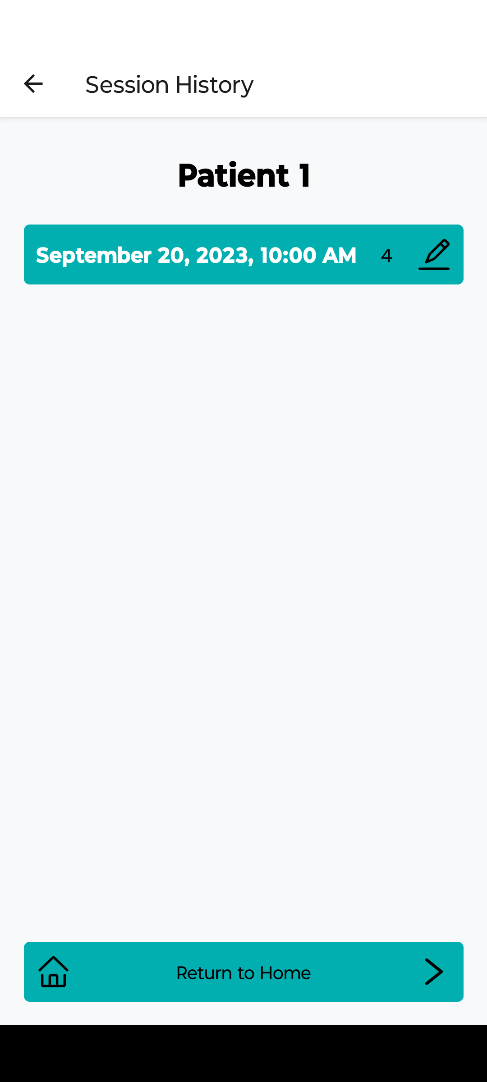
The Patient Screen provides detailed information for individual patients. Here, you can access session history, view progress graphs, and delete patient data.

* **Session History:** View a list of sessions for the selected patient.
* **Progress Graph:** Visualize the patient's progress through a graph.
* **Delete Patient Data:** Remove the selected patient's data.



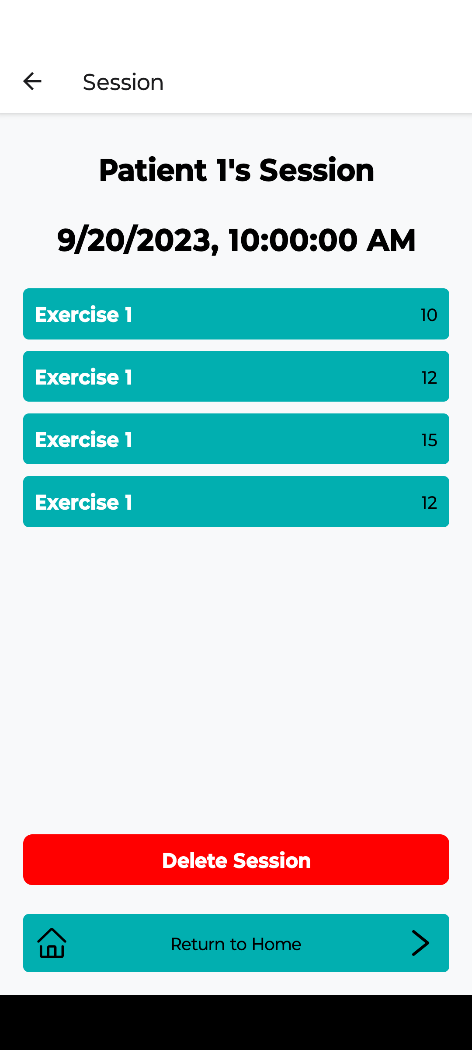
## Session History Screen

The Session History button provides a list of recorded sessions for the selected patient, including details on exercise repetitions per session. Choose a session to view it’s exercises on the Session Screen



## Session Screen

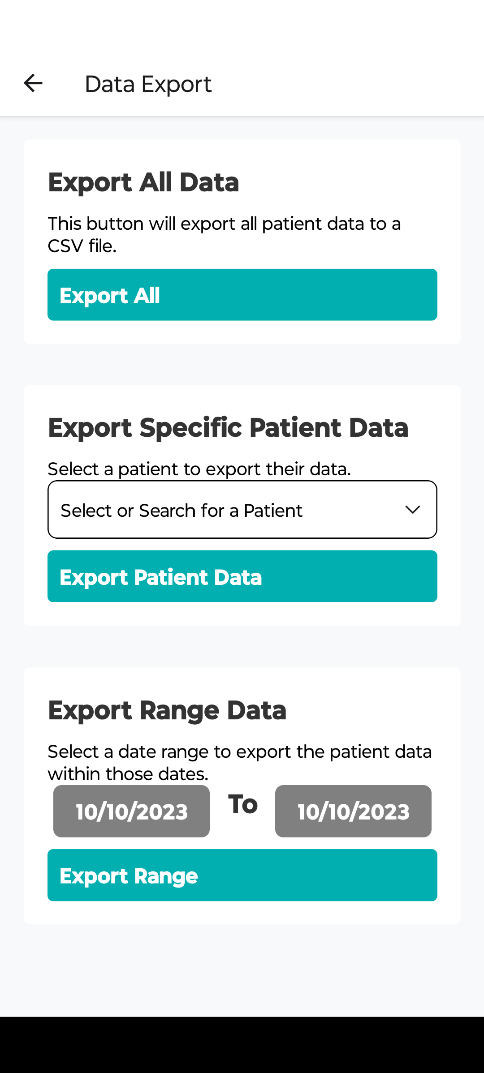
The Session Screen displays a list of the exercises and the repetitions for each exercise for the specified session. You can delete the session from this screen or return to home from here.



## Data Export Page

The Data Export Page is used to export patient data to a .csv file. You can export all patient data or specify a date range.

* **Export All Data:** Export data for all patients to a .csv file.
* **Export Range Data:** Select a date range to export patient data within that period.
* **Export Patient Data:** Choose a specific patient to export their data to a .csv file.



## Graphing Screen

The Graphing Screen displays the session history of a patient's progress using a graphical representation. You can sort sessions by date and by exercise and return to the Home Page.

